

Finnish-Baltic Adolescent Psychotherapeutic Society

Diploma in Psychotherapeutic Training

This is to certify that

Jana Ots

has completed a three years programme of adolescent psychotherapeutic training. The frame of reference in the programme was psychoanalytic. We approve her qualifications at the special level of psychotherapeutic competence as determined by the Finnish National Authority for Medicolegal Affairs (TEO).



Kari Tuhkanen
President



Helena Bergman
Secretary

Issued on 30 April, 2008, Espoo, Finland

Finnish-Baltic Adolescent Psychotherapeutic Society

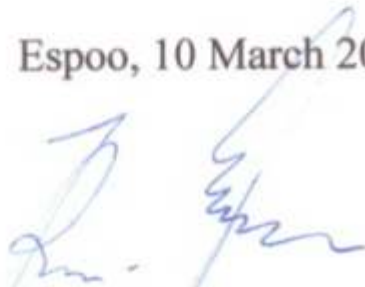
Diploma in Psychotherapeutic Training

This is to certify that **Jana Ots** successfully completed the programme of adolescent psychotherapeutic training in Helsinki, Finland and in Tallinn, Estonia between 25 February 2005 and 9 February 2008. The following studies were included in our diploma programme:

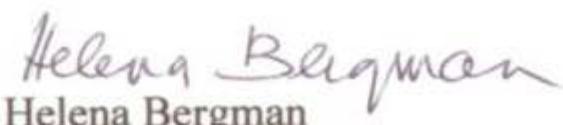
1. Theoretical literature seminars: 200 hours and two interim exams based on the study material
2. Group supervision: 100 hours
3. Individual supervision: Over 40 hours
4. Supervised diploma report
5. Personal individual psychotherapy was considered adequate

The frame of reference in the training programme is psychodynamic. All teachers in the theoretical seminars and all counsellors are members of the Finnish Psycho-Analytical Society and psychotherapists qualified at the advanced special level as approved by the National Authority for Medicolegal Affairs (TEO).

Espoo, 10 March 2008



Kari Tuhkanen
Chairman
Teacher in Psychotherapy (FMA)



Helena Bergman
Secretary
Psychotherapist (Advanced Special Level,
National Authority for Medicolegal Affairs, TEO)

TUNNISTUS INDIVIDUAALSEST SUPERVISIOONIST

TEIE PALVE PEALE TEATAN, ET PSÜHHOLOOG JANA OTS, ID 46812104222, ON KÄINUD MINU JUURES INDIVIDUAALSES SUPERVISIOONIS 77 TUNNI 9.9.2005- 14.12.2007 VAHEL. SUPERVISIOONIS ON KÄSITLETUD KAHE ERI PATSIENDI PSÜHHOTERAAPIAPROTSESSE. PSÜHHOTERAAPIATE SAGEDUS ON OLNUD KAKS KORDA NÄDALAS. SUPERVISIOONI RAAMISTIK PÕHINEB PSÜHHODÜNAAMISEL TEOORIAL.

TODISTUS YKSILÖTYÖNOHJAUkseSTA

PYYNNÖSTÄ TODISTAN, ETTÄ PSYKOLOGI JANA OTS, ID 46812104222, ON KÄYNYT LUONANI YKSILÖTYÖNOHJAUkseSSA 77 TUNTIA 9.9.2005- 14.12.2007 VÄLISENÄ AIKANA. TYÖNOHJAUkseSSA ON KÄSITELTY KAHDEN ERI POTILAAN PSYKOTERAPIAPROSESSEJA. PSYKOTERAPIOIDEN TIHEYS ON OLLUT KAKSI KERTAA VIIKOSSA. TYÖNOHJAUkseN VIITEKEHYS ON PSYKODYNAAMINEN TEOORIA.

TALLINNAs 20.12.2007
TALLINNASSA



Helena Bergman

Psühhiaatria ja vaimse tervise meditsiiniõde

Psükiatryan- ja mielenterveystyön erikoissairaanhoitaja

Nõudlikku eritaseme psühhoterapeut

Vaativan erityistason psykoterapeutti

Soome Tervisekaitse Õiguskaitsekeskuse kinnitatud kvalifikatsioon
Suomen Terveysthuollon oikeusturvakeskuksen pätevyys

Soome Rahvatervise Instituudi kvalifikatsioon
Suomen kansaneläkelaitoksen pätevyys

Liisankatu 25 as. 32/ Vesivärava 19-20
00170 Helsinki 10126 Tallinn

CERTIFICATE OF PARTICIPATION IN GROUP SUPERVISION

This is to certify that Jana Ots participated in group supervision between 25 February 2005 and 30 November 2007. The group supervision is part of the three-year, special psychotherapy training provided by the Finnish-Baltic Adolescent Psychotherapeutic Society.

The group supervision consists of 100 hours of work counselling.

Espoo, 10 January 2008



Kari Tuhkanen
Specialist in Psychiatry and Adolescent Psychiatry
Psychotherapist, Advanced Special Level
(National Authority for Medicolegal Affairs, TEO)
Psychoanalyst (IPA)
Specialist Competence in Psychotherapeutic
Training, (FMA)

All the Society's teachers and counsellors are
psychodynamically oriented.